

TAG TEAM RAPE Evil dad raped me from the age of TEN then told his friend 'your turn' and watched vile 'tag team' sex attack

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AN EVIL dad who raped his daughter from the age of 10 told his friend it was "your turn" to abuse the girl while he watched the "vile tag team" sex attack unfold.

Tracy Dables, now 51, from Derbyshire, has revealed how it took her 30 years to have the courage to admit what had happened to her.

For two years, the men took turns to rape Tracy as the other watched, in what she describes as a "vile tag team", reported [Daily Mail](#).

It took Tracy 30 years to build up the courage to finally admit what happened to her.

'VILE TAG TEAM'

Her bravery resulted in both of the men being locked up for 10 years.

Once jailed, another victim spoke up about a similar attack, adding another six years onto Tracy's dad Sidney's sentence in 2011.

Tracy has decided it was time for her to speak up and tell her story, in hopes of it giving courage to those who are afraid of coming forward.

She said: "My dad and 'Uncle' Dennis robbed me of my childhood - I won't let them steal my future."

Tracy recalled that when growing up, she and her dad were very close as she was the only girl out of seven kids.



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Tracy Dables

But when she turned 10, things changed and he started taking just her out - including trips to visit "Uncle Dennis."

Tracy's dad, Sidney Dables, 72, started taking her on trips to see his old mining friend, Dennis White, 74.

During her first trip to Dennis's house, Tracy recalls the two men fiddling in her underwear while watching a film.

When she thought the horrific ordeal was over, her dad made visits to Dennis's house a frequent twice-a-week affair.

She said: "I knew my dad loved me, so I trusted him and kept quiet about what had happened."

The sick pair would abuse her during their visits to the man's house.

PRAYING FOR THE END

She recalled the first time she was raped by her dad, saying she was "praying for the end" while he forced himself on top of her.

She added: "When he was done, Dad stood up and turned to face Uncle Dennis and said, 'your turn,' with a sick glint in his eye.

"I lay on the sofa, pain ripping through me as Uncle Dennis raped me, while Dad watched on, a huge grin plastered on his face."

Tracy left home at 18 and went on to have five children, however the trauma crept back into her head when she was 39, making her depressed and seek an easy way out - suicide.

But her suicide attempt failed as when she came round, she found a nurse standing over her.

She was then able to recover and go on to lead a normal life, despite the tragedies she overcame during her childhood.